



2021 DEVELOPMENT TEAM INTAKE FORM

Team on-boarding for the new season occurs August 1st through October 31st.
Base Training Begins November!

Date: _____

Name: _____ Gender: F M

City you live in: _____ School: _____

Birthdate (mm/dd/yyyy): _____ Age: _____

Email: _____ Phone: _____

How active posting are you on social media? Daily Weekly Occasional Never

Social Media Usernames:

Instagram: _____ Other(s): _____

How did you learn about our team? _____

What other activities/sports/cycling disciplines do you participate in?

2019 Racing Category: _____

2018 Category: _____

Best Results from 2019:

Best Results from 2018:

Fill us in on your racing background/history?



Do you currently have a coach?	Y	N
Are you willing to have <i>Waite Endurance</i> as your coaches?	Y	N
Are you able to use ZOOM for remote team meetings & workouts ?	Y	N
Have you followed a specific training program in the past?	Y	N
Have you done interval training?	Y	N
Have you done strength training?	Y	N
Do you have a Training Peaks account?	Y	N
Do you use a heart rate monitor regularly?	Y	N
Do you use a power meter on your bike(s)?	Y	N
Do you have a 'Smart Trainer' at home?	Y	N
Would you consider buying a 'Smart Trainer' or Power Meter in 2021?	Y	N

How many hours per week do you typically train...

November - March? _____

April - September? _____

Why do you train & race?

Why do you want to be a part of the WE Development Team for 2021?

How do you plan to pay your training fees:

_____ in two installments (Base & Race) at \$450 each. Base fees due at start-up; Race fees due April 1st, 2021.

_____ in one payment at \$900 for the full season + a FREE WE Devo Jersey

Do you plan to purchase a WE Devo Kit? (circle your intention; this helps us calculate pricing)

Jersey Bib Shorts Vest Long Sleeve Arm Warmers Base Layer

Thank you for taking the time to complete our in-take form. This helps get to know you better and better help you with your training.

Please submit intake form to: cody@teamwaite.com

